Millions of Americans nationwide will be able to view the solar eclipse on August 21, making eye safety critically important.*

**1.** It is unsafe for anyone to look directly at the sun at any time or during a solar eclipse, other than if you are located in the “path of totality” during the brief total phase of the eclipse.

**2.** Use approved solar eclipse glasses and avoid fake viewers that are being sold. Read and follow any instructions packaged with or printed on the glasses.

**3.** Do not look at the sun through a camera, a telescope, binoculars, or any other optical device while using your eclipse glasses, as the concentrated solar rays can damage the filter, enter your eyes and cause serious injury.

**4.** Eclipse glasses should be removed only once the moon completely blocks the sun. Once the sun reappears, glasses should be replaced.

**5.** Visit a local eye care professional for a comprehensive exam if you or a family member experience discomfort or vision problems following the eclipse.

*Solar eclipse eye safety tips according to the American Optometric Association.*